**RM utstyrsfritt 21. – 22. august IL Kraftsport**

**Tidstabell**

**Lørdag**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Dato** | **Pulje** | **Innveiing** |  | **Start** |
| **21.8** | **1****2** | **07.00** | **Herrer åpen: 74, 83****Herrer åpen: 93, 120, +120** | **09.00** |
| **21.8** | **3****4** | **11.00** | **Herre ungdom: 59, 74, 83, 93, 105, 120****Herrer åpen: 105****Damer ungdom: 84, +84****Damer junior: +84****Damer åpen 76, 84, +84** | **13.00** |
| **21.8** | **5** | **14.45** | **Damer junior: 76****Damer åpen: 47, 63, 69** | **16.45** |

**Søndag**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Dato** | **Pulje** | **Innveiing** |  | **Start** |
| **22.8** | **6****7** | **08.00** | **Damer V 40-49: 52, 57, 63, 69, 76****Damer V 50-59: 52****Damer V 50-59: 57, 76, +84****Damer V 60-69: 69****Damer V 70+: 57, 76** | **10.00** |
| **22.8** | **8****9** | **11.15** | **Herrer junior: 59, 66, 74, 83, 105****Herrer V 40-49: 93, 105, 120****Herrer V 50-59: 83, 93, 105****Herrer junior: 93, +120****Herrer V 40-49: 105****Herrer V 50-59: 120, +120****Herrer V 60-69: 66, 74, 93, 105, 120****Herrer V 70+: 83, 93** | **13:15** |